

# COVID-19 COMMUNITY HELP RESOURCES

## FOOD

### **Treasure Coast Food Bank\***

- For complete list of food assistance programs, please visit [StopHunger.org/FindHelp](https://www.stophunger.org/find-help)
- Call (772) 489-3034

### **United Against Poverty\***

- **Member Share Grocery Program**
- New Hours: Monday - Saturday from 9:00 AM to 6:00 PM
- (772) 564-9365
- For more information, visit their website at [UPIRC.org](https://www.upirc.org)

### **The Source\***

- **Food Delivery Program**
- For details, please call (772) 564-0202
- For more information, visit their website at [IAmTheSource.org](https://www.iamthesource.org)

### **Salvation Army\***

- Food Pantry
- Continues to serve to-go orders twice a week in Vero Beach and on Monday's at Sebastian United Methodist Church
- For additional details, call (772) 978-0265
- [SalvationArmyFlorida.org/VeroBeach](https://www.salvationarmyflorida.org/vero-beach)

### **Food Pantry of Indian River County\***

- Pick-up food assistance
- For details, call (772) 770-2068
- [FoodPantryIRC.org](https://www.foodpantryirc.org)

### **Gifford Youth Achievement Center Food Giveaway**

- March 25 at 9:00 AM - located in the gym
- Available items: perishable & non-perishable food, clothing, etc.
- See the event on Facebook - [here](#)

### **School District of Indian River County Mobile Cafe**

- View the Mobile Cafe Schedule [here](#)

## Pet Food Assistance

### For the Love of Paws\*

- Currently provides over 10,000 lbs of pet food monthly through home delivery and food pantries
- Learn more at [PawsMealsOnWheels.org](http://PawsMealsOnWheels.org)

## Resources for Seniors

### Senior Resource Association\*

- Meals on Wheels Delivery service
- For more information call, (772) 569-0760
- Learn more at [SeniorResourceAssociation.org](http://SeniorResourceAssociation.org)

## Education and Children

### Indian River County School District

- All schools have been canceled through April 15th.
- Visit their website, [IndianRiverSchools.org](http://IndianRiverSchools.org)

### School District of IRC

- *At-home Learning Helpline*
- Monday through Friday from 8:00 AM - 7:00 PM
- (772) 564-6085
  
- *Student Services Helpline*
- (student mental health & wellbeing)
- Monday through Friday from 8:00 AM to 7:00 PM
- (772) 564-6199

### The Buggy Bunch\*

- Available: Wipes, Formula, Diapers & Household Necessities (Soap, Toilet Paper, Paper Towels, etc.)
- If you need these necessities, please make an appointment:
- Monday - Thursday from 9:00 AM to 3:00 PM
- Friday from 9:00 AM to 12:00 PM
- Call (772) 226-0467
- Email [Info@TheBuggyBunch.com](mailto:Info@TheBuggyBunch.com)
- For more information, visit their website [TheBuggyBunch.com](http://TheBuggyBunch.com)

### CareNet Pregnancy Center\*

- Diapers & Formula Assistance
- (772) 569-7939
- [CareNetIRC.org](http://CareNetIRC.org)

### **Florida Department of Children & Families**

- For complete list of services, visit [MyFlorida.com](https://www.myflorida.com)

### **Healthy Families Florida**

- Information [Flyer](#)
- [HealthyFamilies.org](https://www.healthyfamilies.org)

## **FINANCE**

### **Utility & Rental Assistance**

#### **Treasure Coast Homeless Services Council**

- (772) 567-7790
- For more information, please visit their website at [TCHelpSpot.org](https://www.tchelpspot.org)

#### **Florida Power & Light**

- FPL COVID-19 Fact Sheet - [Here](#)
- FPL has resources available for customers experiencing financial hardship. [FPL.com/Help](https://www.fpl.com/help)

#### **Economic Opportunities Council**

- Assistance with rent, water & sewer bills
- Apply Online - [Here](#)
- (772) 562-4177
- For more information, please visit their website at [EOCofIRC.net](https://www.eocofirc.net)

#### **Indian River County Utilities**

- As of March 12, 2020, the Indian River County Department of Utility Services (IRCDUS) suspended the practice of disconnecting potable water service if a customer's account is past due.
- To provide financial relief to those utility customers affected by the COVID-19 pandemic, Utilities has temporarily suspended charging any new delinquency charges for water and sewer customers effective Monday, March 30, 2020, through Thursday, April 30, 2020.
- For more information, call (772) 770-5300
- For more information, please visit their website at [IRCUtilities.com](https://www.ircutilities.com)

#### **IRS - Economic Impact Payments**

- What you need to know [IRS.gov](https://www.irs.gov)

### **Veteran Support**

### **The Veterans Council of Indian River County\***

- (772) 410-5820
- For more information, please visit their website at [VeteransCouncilIRC.club](http://VeteransCouncilIRC.club)

## **Business**

### **Sebastian Chamber of Commerce**

- Call (772) 589-5969
- Visit [SebastianChamber.com](http://SebastianChamber.com)

### **Indian River County Chamber of Commerce**

- Call (772) 567-3491
- Visit [IndianRiverChamber.com](http://IndianRiverChamber.com)
- Small Business Recovery Information [here](#)

### **Florida Diaster**

- Florida Businesses are asked to complete the Business Damage Assessment Survey online at [FloridaDisaster.Biz](http://FloridaDisaster.Biz)

### **Florida Small Business Emergency Loan Program**

- Governor DeSantis has activated up to \$50 million in allocations to the Florida Small Business Emergency Loan Program. [FloridaDisasterLoan.org](http://FloridaDisasterLoan.org)

### **Small Business Administration**

- U.S. Small Business Administration has guidance & loan resources available at [SBA.gov](http://SBA.gov)

### **Small Business Development Center at IRSC**

- (772) 462-7651
- [tkindred@irsc.edu](mailto:tkindred@irsc.edu)
- Or submit an [Online Request for Consulting](#)

### **U.S. Department of Labor**

- Visit [DOL.gov/Coronavirus](http://DOL.gov/Coronavirus)

### **Florida Price Gouging Hotline**

- Call (866) 966-7726
- Visit [MyFloridaLegal.com](http://MyFloridaLegal.com)

### **BBB - Better Business Bureau**

- How to navigate the Coronavirus Crisis
- Visit [BBB.org](http://BBB.org)

## **Florida Department of Business & Professional Regulation**

- Visit [MyFloridaLicense.com](http://MyFloridaLicense.com)

## **Florida Department of Economic Opportunity**

- Short Time Compensation Program for Employers
- [FloridaJobs.org](http://FloridaJobs.org)

## **Government Benefits**

- Your path to government benefits starts [here](#)

## **Internet**

### **Xfinity FREE WiFi Hotspots**

- Xfinity has made their WiFi Hotspots free for everyone across the county. Subscription not required.
- Visit [Xfinity.com/WiFi](http://Xfinity.com/WiFi) for a list of available hotspots.

## **Taxes - Tax Day is now July 15th**

### **My Free Taxes**

- You can file your taxes online for free at [MyFreeTaxes.com](http://MyFreeTaxes.com)

### **IRS - Internal Revenue Service**

- If you want to apply for an extension to file your taxes, you must submit to the IRS before July 15th, 2020. Get the PDF at [UnitedWayIRC.org/Taxes](http://UnitedWayIRC.org/Taxes)
- Income tax payment deadlines for individual returns, with a due date of April 15, 2020, are being automatically extended until July 15th, 2020. Taxpayers do not need to file any additional forms or call the IRS to qualify for this relief.
- Learn more at [IRS.gov](http://IRS.gov)

## **Unemployment Eligibility**

### **Florida Department of Economic Opportunity**

- Visit the Florida Department of Economic Opportunity for more information, [Connect.MyFlorida.com](http://Connect.MyFlorida.com)

### **Reemployment Assistance**

- [Frequently Asked Questions](#)
- [Application Guide](#)

- [Reemployment Assistance Paper Application](#)

### **United Against Poverty Indian River County**

- United Against Poverty has a computer lab opened for accessibility for those who need to apply for Unemployment or SNAP
- Monday - Friday from 9:00 AM to 5:00 PM
- 1400 27th Street in Vero Beach
- Call (772) 564-9365
- [UPISC.org](http://UPISC.org)

### **Banking**

#### **These banks are offering Coronavirus financial aid**

- Read the article and see the full list [here](#).

## **HEALTH**

### **Visiting Nurse Association**

- ***The Mobile Health Clinic***
- Cleveland Clinic Indian River Hospital ER parking lot
- Monday - Friday from 11:00 AM - 9:00 PM
- (Closed for Lunch every day from 12:00 PM - 1:00 PM)
- The VNA Mobile Health Clinic is NOT TESTING for Coronavirus (COVID-19)
- Permanent Mobile Health Clinic - parking lot at WalMart on Route 60, Vero Beach
- Visit their website, [VNATC.com](http://VNATC.com)
- Call (772) 567-5551 for additional details

### **Cleveland Clinic Telehealth Initiative**

- ***Express Care Online***
- Make an appointment and meet with a doctor via a virtual visit from your mobile device
- Download the free app on your phone
- Google Play: Cleveland Clinic Express Care Online
- Apple App Store: Cleveland Clinic Express Care
- For more information, visit their website at [IndianRiverMedicalCenter.com](http://IndianRiverMedicalCenter.com)
- Call (772) 567-4311

- ***FREE COVID-19 Screening Tool***
- [Start your screening now.](#)

### **Treasure Coast Community Health**

- Visit their website, [TCCHInc.org](http://TCCHInc.org)
- Call (866) 779-6121 for more information

### **We Care Clinic**

- The We Care Clinic is closed until further notice and is not making appointments at this time. Current Patients may leave a message for We Care Clinic staff at 772-794-7422. Website [www.WeCareofIRC.org](http://www.WeCareofIRC.org)

### **Mental Health**

#### ***Mental Health Association in Indian River County***

- Walk-in & Counseling Center will remain open during normal business hours for same-day mental health screenings, crisis intervention, emergency visits, and new patient evaluations
- Monday - Friday from 8:30 AM to 5:00 PM
- 820 37th Place, Vero Beach, FL 32960
- (772) 569-9788
- Telehealth options are available for current patients
- Peer-run Drop-in Recovery Centers remain open during normal business hours
- For more information, please visit [MHAIRC.org](http://MHAIRC.org)

#### **Mental Health Collaborate of Indian River County**

- For more information, please visit [MHCollaborative.org](http://MHCollaborative.org)
- Call (772) 217-3663

#### **Drug Abuse & Treatment Association Outpatient Program**

- Now providing telehealth services in lieu of face to face sessions
- Norman C. Hayslip Center is open until further notice
- 4590 Selvitz Road, Fort Pierce, FL 34981
- (855) 839-0787
- [DrugAbuseTreatment.org](http://DrugAbuseTreatment.org)

### **Additional Resources:**

#### **My Florida Resource Directory**

- For more information, please visit [MyFlorida.com](http://MyFlorida.com)

#### **United States Census 2020**

- Start the questionnaire here, [My2020Census.gov](http://My2020Census.gov)

#### **Alert Indian River**

- Sign up for alert notifications by text, email, or phone.
- Sign up here, [IRCES.com/em](http://IRCES.com/em)

Thank you to the United Way of Indian River which organization provides an excellent listing of resources on their website. This listing was enhanced by using a portion of the resources (with permission) from the United Way.

The United Way needs your help to raise funds for their COVID-19 Community Response Fund. Effective immediately, every donation will directly help those facing hardship as a result of this crisis.

**Please consider supporting the United Way COVID-19 Community Response fund**

- Visit [UnitedWayIRC.org/Fundraise](https://UnitedWayIRC.org/Fundraise) for step-by-step instructions

INDIAN RIVER COUNTY MEDICAL SOCIETY – Updated 4-13-20